

## SHAPE Program Benefits

- **Reduced inflammation** – Inflammation is an underlying cause of many common conditions and symptoms, such as diabetes, heart disease, fibromyalgia, joint pain and weight gain. Reduce inflammation with the SHAPE Program and start feeling good in your body again!
- **Detoxification** – Toxins are everywhere, and they can wreak havoc on your body and mind. Your body is equipped with a natural detoxification system, but it can become overburdened and sluggish. The SHAPE Program is an excellent, thorough, yet gentle detox to give your body a fresh start.
- **Enhanced immune function** – When you reduce inflammation and cleanse your body of toxins with the SHAPE Program, your immune system will be strengthened. The SHAPE Drops also contain several immune-enhancing ingredients.
- **Weight loss** – If you have excess weight, the SHAPE Program can safely help you lose the weight *and* keep it off. When you cleanse your body of toxins and reduce inflammation, weight loss is a natural side effect.
- **Decreased pain** – Pain is mostly caused by too much inflammation in the body. One of the most common responses from patients after starting the SHAPE Program is their reduction in pain and improved mobility.
- **Improved sleep** – Did you know that sleep problems can be related to toxicity? Because the SHAPE Program is a mild detox, it can be excellent if you have sleep issues.
- **Decreased or eliminated medication dependency** – The SHAPE Program has been shown to reduce not just negative symptoms, but also conditions. Some patients have been able to reduce or eliminate daily medications by doing the SHAPE Program.
- **Better emotional health** – Because the SHAPE Program reduces so many uncomfortable symptoms, it can have a tremendously positive impact on emotional health. The SHAPE Drops also contain ingredients for emotional support to help you better adapt to stress and balance your mood.
- **Boost in energy** – Chronic, unexplained fatigue is so frustrating because it can be caused by so many different conditions and imbalances. After starting the SHAPE Program, most patients experience a major shift in their energy level and have more energy than they've ever had before.
- **Balanced blood sugar, cholesterol, hormones and more!** – The SHAPE Program works on a neurological level, helping your brain communicate better with your body. This creates balance and improved health in a multitude of areas. If you're dealing with chronic health problems and need to restore your health, you're in the right place!

Experience these benefits and more with the SHAPE Program.

Schedule an appointment today!

[www.A2ZLivingWell.com](http://www.A2ZLivingWell.com)

Call today 234.205.2098